

Monday

Tuesday

Wednesday

Thursday



Friday

# January 2020



## Candor Central School Menu



<p><b>Breakfast Served Daily</b> Offerings include homemade muffins, bagel or English muffin breakfast sandwiches, breakfast pizza, cereal, toast, milk and juice</p>	<p><b>2019-2020 Elementary Meals</b> Breakfast and lunch are available to all students free of charge.</p> <p><b>2019-2020 High School Meals</b> Breakfast: 7-12 \$1.65 Lunch: 7-8 \$2.40; 9-12 \$2.65 Reduced Status Meals: <i>no charge</i></p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>
<p><b>6</b></p> <p>Chicken patty on a whole-grain bun w/lettuce and tomato, steamed baby carrots, diced pears and milk</p>	<p><b>7</b></p>  <p>Homemade macaroni and cheese, baby green peas, applesauce and milk</p>	<p><b>8</b></p> <p>Sweet &amp; Sour chicken over whole-grain rice, steamed broccoli florets, pineapple tidbits and milk</p>	<p><b>9</b></p> <p>Chicken &amp; gravy with a homemade biscuit, mashed potatoes, green beans, fruit and milk</p>	<p><b>10</b></p>  <p>Pepperoni or cheese pizza, caesar salad, peaches and milk</p>
<p><b>13</b></p> <p>Chicken nuggets w/choice of dipping sauce, fresh baby carrots, fruit cocktail and milk</p>	<p><b>14</b></p> <p>Chicken chef's salad, homemade cream of broccoli soup, dinner roll, fruit cocktail and milk</p>	<p><b>15</b></p>  <p>Sloppy Joe on a whole-grain bun, french fries, garden salad, peaches and milk</p>	<p><b>16</b></p> <p>Chicken fajitas topped w/lettuce, tomatoes, corn &amp; salsa, homemade vegetable soup, pineapple tidbits and milk</p>	<p><b>17</b></p> <p>Oven roasted chicken, mashed potatoes and gravy, green beans, pears and milk</p>
<p><b>20</b></p> <p><b>MLK DAY</b></p> 	<p><b>21</b></p> <p>French bread pizza (Cheese or pepperoni), mixed salad greens, peaches and milk</p>	<p><b>22</b></p> <p>Toasted cheese sandwich, fresh broccoli salad, tomato soup, applesauce and milk</p>	<p><b>23</b></p> <p>French toast sticks, tater tots, turkey sausage links, fruit cocktail and milk</p>	<p><b>24</b></p>  <p>Chicken patty on a whole-grain bun w/lettuce and tomato, steamed baby carrots, diced pears and milk</p>
<p><b>27</b></p> <p>Rib-B-Que on a whole-grain bun, curly fries, baked beans, fruit cocktail and milk</p> 	<p><b>28</b></p> <p>Cheeseburger on a whole-grain bun w/lettuce and tomato, french fries baked beans, fruit cocktail and milk</p>	<p><b>29</b></p> <p>Chicken Spiedie sub w/ lettuce and tomato, pasta salad, fruit cocktail and milk</p>	<p><b>30</b></p>  <p>Beef tacos loaded w/lettuce, freshly diced tomatoes, salsa and corn, diced pears and milk</p>	<p><b>31</b></p> <p>Chicken and cheese Quesadilla (HS only); French bread pizza (ES only) w/garden salad, fruit cocktail and milk</p>

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