

Monday

Tuesday

Wednesday

Thursday

Friday

September 2018



Candor Central School Menu



— WELCOME — BACK TO SCHOOL



3 2018-2019 Elementary Meals
Elementary Meals:
No charge for all students
2018-2019 High School Meals
Breakfast: 7-12 \$1.55
Lunch: 7-8 \$2.30; 9-12 \$2.55
Reduced Status Meals: 25¢

4 Superintendent's
Conference
Day

5 Chicken nuggets w/choice
of dipping sauce,
fresh baby carrots,
fruit cocktail and milk

6 Cheeseburger on a
whole-grain bun w/lettuce
and tomato, tater tots,
baked beans,
peach cup and milk

7 Stuffed crust pizza,
garden salad,
mixed fruit and milk

10 Build-a-sub, choice of
turkey, ham or tuna salad,
w/lettuce and tomato,
cream of broccoli soup,
pears and milk

11 Sweet and sour chicken
over whole-grain rice,
steamed broccoli florets,
pineapple tidbits and milk

12 French toast sticks, tater
tots, turkey sausage links,
peaches and milk

13 Chicken and biscuits,
mashed potatoes, green
beans, pears and milk

14 Pepperoni or cheese pizza,
caesar salad,
fruit cocktail and milk

17 Chicken patty on a
whole-grain bun w/lettuce
and tomato, steamed
baby carrots, diced
pears and milk

18 Homemade macaroni
and cheese,
baby green peas,
applesauce and milk

19 Rib-B-Que
on a whole-grain bun,
french fries, baked beans,
fruit cocktail and milk

20 Beef tacos loaded w/lettuce,
freshly diced tomatoes,
salsa and corn,
diced pears and milk

21 Meatball parmigiana sub,
fresh crisp romaine salad
w/caesar dressing,
peaches and milk

24 Chicken fajitas
topped w/lettuce, tomatoes,
corn & salsa, homemade
vegetable soup, pineapple
tidbits and milk

25 Toasted cheese sandwich,
fresh broccoli salad, tomato
soup, applesauce and milk

26 Cheeseburger on a
whole-grain bun w/lettuce
and tomato, tater tots,
baked beans,
fruit cocktail and milk

27 Our signature turkey & gravy
with a homemade biscuit,
mashed potatoes,
green beans and milk

28 Sweet and sour chicken
over whole-grain rice,
steamed broccoli florets,
pineapple tidbits and milk